

Suggested Verbiage Regarding Medical Breast Thermology

Prepared by the American Academy of Thermology (AAT), August, 2023

www.aathermology.org.

Bullet Points About Breast Thermal Imaging:

What it is: Breast thermal imaging is a technique that's been approved by the FDA and provides complementary information alongside other methods like Mammography, Ultrasound, or MRI.

What it does: This method provides additional unique information without potential harm of ionizing radiation, or adverse events from contrast agents.

How it should be used: It's important to perform this imaging according to specific medical guidelines, such as the ones given by the American Academy of Thermology.

Narrative:

Breast thermal imaging is approved by the FDA as an adjunctive study. While not a substitute for other forms of imaging, Breast Thermal Imaging provides physiologic information not otherwise available from other structural assessments such as Mammography, Ultrasound or MRI. When the imaging is performed according to medically based guidelines like those promulgated by the American Academy of Thermology, thermal imaging can be a valuable assistive tool for clinical decision making.

Additional information:

Refer to the AAT's white paper titled: "[The Role of Breast Thermography in Women With Dense Breast Notifications](#)", March 2023, and the AAT's "[Guidelines of Breast Thermology](#)"